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# Extreme Ownership: How US Navy SEALs Lead And Win By Jocko Willink And Leif Babin | Key Takeaways, Analysis & Review



## Synopsis

Extreme Ownership by Jocko Willink and Leif Babin | Key Takeaways, Analysis & Review Preview:  
Extreme Ownership by Jocko Willink and Leif Babin is a guide to applying leadership principles of the United States Navy's Sea, Air, and Land Teams (SEALs) to business. At the center of the strategies that Willink and Babin illustrate is taking complete responsibility for everything in which all leaders are involved.... PLEASE NOTE: This is key takeaways and analysis of the book and NOT the original book. Inside this Instaread of Extreme Ownership: Overview of the book Important People Key Takeaways Analysis of Key Takeaways

## Book Information

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## Customer Reviews

Be warned: This is not really a book and there are no descriptions of combat. Instead it is a very thin, 31 page (large type) book of leadership points. I have purchased and read many great books from . This is not one of them. The two authors are highly decorated SEAL veterans of the Iraq war. The points they make are certainly relevant, but none are of the "that's something I had never thought about" type. I was shocked when I received this as I had thought it would be a book with some interesting stories and post-op analysis. Unfortunately, I can not recommend it. should have done a better job of explaining that this was not a book. I was going to return it, but because I only paid \$7.00, I didn't bother.

Authors Jocko Willink and Leif Babin wrote the original book having gained real life experience working together in the US SEALs. After leaving the SEALs they "founded the leadership

consultancy firm Echelon Front to bring the leadership lessons of the SEALs to the private sector". In this Instaread summary (think DETAILED review) which is a little longer than usual, the reader is presented with 12 Key Takeaways. Here are three to whet your appetite:>> #1 - "Leaders must demonstrate extreme ownership with everything they have responsibility over.">> #8 - "Plans and principles should be simple to ensure that they are understandable by everyone involved and easy to communicate. A plan that is unnecessarily complicated is more likely to fail.">> #9 - "A thoroughly detailed plan that every team member understands is vital to mission success. A good plan accounts for all likely risks and allows for flexibility."As leaders it is easy to want to pass the buck / blame onto someone else but it is important for a leader to take responsibility. Babin takes responsibility for the death of Marc Lee, a SEAL who died under his command. How is ego an obstacle to good leadership? We all know how important cover is in military maneuvers but how about in the business world?A great book for leaders with much practical advice. With the original book at 317 pages, this Instaread summary is a great option for those who want/need to know what the original book is all about and get a gist of some great leadership qualities. Please note that my review is based on the quality of this Instaread review and NOT the contents of the original. Book provided in exchange for an honest review. Thanks, Liz

these people are leeches off other people's hard work, even worse considering the subject matter, piggybacking on veterans experience and service. one of the authors has made it clear they do not endorse these rip-offs.

Have you ever wondered what it would be like to serve in the US special forces? "Extreme Ownership," written by former Navy SEALs outlines leadership skills that they developed while serving in the most elite branch of the American military. This review and summary captures the message of leadership skills outlined by Willink and Babin. This Instaread summary is a quick read and a great buy, condensing the self-help book into 12 key takeaways with actionable tips to improve your business skills.I especially liked the section of this review that described the need for simplicity in plans. As a leader, your goals and principles should be simple to understand, so that everyone involved in the process can follow and complete the objective. If there is unnecessary complication that requires explanation, your coworkers will struggle to succeed.I recommend this book, it had great insights into leadership. The distinguishing factor was the perspective of the authors, which was captured by this Instaread review. I was given a copy of this book to review.

I read the book first and bought this to share with coworkers. I really enjoyed the book but you lose a lot of context with this summary.

Pure theft of the works of these two veterans. Your parents must've taught you these values.

I was very happy with the content provided (30 minutes) to have in the car and provide discussion with up & coming leaders. I had purchased this product more out of desire to support the two original authors, Jocko Willink and Leif Babin but came to learn through a resource that the above product is a "rip off" of their original work. I highly recommend listening to the Jocko podcast or purchasing the original audible book or hardcover.

I received this book in exchange for a review. This is a summary of "Extreme Ownership" and is not the actual book. I am not a naturally born leader, but I found this book to have great advice to those who are. This book is divided into 12 key takeaways that list how leaders can be successful. The principles in this book are from the United States Navy SEALs and are applied to business. I found this summary to be very helpful and I highly recommend it!

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